

## **Pediatric Labyrinthitis**

The child's inner ear is inflamed. This is caused by a viral or bacterial infection. The inner ear controls balance and is involved with hearing. This is why the child feels dizzy. The severe dizziness should pass in a few days to a week. The child may feel slightly dizzy for several weeks afterward.

### **Follow these instructions:**

- Have the child rest.
- Do not let the child do anything where dizziness would be dangerous (riding a bike, roller blading, driving a car).
- Help the child sit or stand up **slowly**.
- Have the child avoid sudden head movements.
- Have the child hold on to the wall or hand rail when walking or using the stairs.
- Drink plenty of fluids.

### **Call your doctor if the child has:**

- Increased stomach upset or vomiting.
- Severe headache.
- Continued severe dizziness lasting more than 10 days.
- Fever.
- Seizures or convulsions.
- Weakness.
- Any new or severe symptoms.